



# ELITE FORCE SAFETY

**BRINGING MILITARY STANDARDS TO TRAINING IN THE WORKPLACE**

**IF YOU WANT 'TICK BOX'  
TRAINING... THEN STOP READING.**

Don't waste a second more of your time.

But if you want something better, this is for you...

At Elite Force Safety, we only work with businesses and people who are enthusiastic about making a difference and having a real impact on the environment they work in.

Generic, irrelevant training does not work, which is why we tailor all of our training courses.

# HOW ARE YOU BRINGING 'MILITARY STANDARDS' TO TRAINING?

Well, all of our field based instructors and consultants are ex-military.

Their experience and training means the standard of service is extremely high.

We utilise the immeasurable experience, skills and knowledge acquired during their decades in the military to constantly develop and improve our courses.

Delivering practical based training, uniquely using their military insight and expertise to transfer into industry, giving us an outstanding approach to Health and Safety Training.

Our instructors take serious subjects and deliver the content in an informative, but interactive and memorable way, because we use a pragmatic and holistic approach we guarantee to leave a lasting impression.

Full of real life examples, stories, 'penny drop' moments and of course, tonnes of personality.

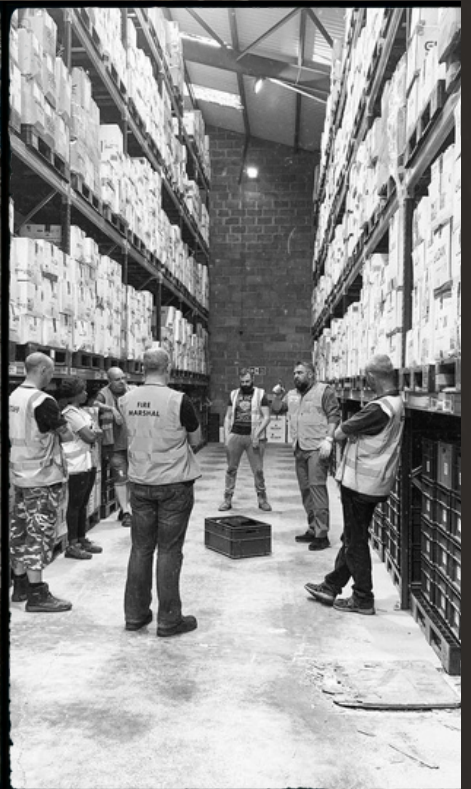
**OUR TRAINING CAN ADD VALUE TO ANY BUSINESS,  
DESIGNED TO BE TAILORED AROUND ANY BUDGET.**

# OUR TRAINING COURSES

We believe in looking at health and safety as a whole, which is why we offer a variety of courses covering both physical and mental health and safety.

A 'one stop shop' for your training needs.

- ◆ Mental Health
- ◆ Manual Handling including Slips, Trips and Falls and DSE
- ◆ Manager Leadership and Communication training
- ◆ IOSH Working and Managing Safely
- ◆ First Aid
- ◆ Fire Marshal
- ◆ Bespoke Health and Safety Productions





**A BIT MORE DETAIL...**

# MENTAL HEALTH

**"YOU NEED 1 MENTAL HEALTH FIRST AIDER FOR EVERY 10 EMPLOYEES" ...**

So... what about the other employees who may not have a clue or understand the basics of mental health?

If they don't even know what to look out for, how on earth are they going to know when they need to speak to a mental health first aider !?

**THERE IS A MUCH MORE EFFECTIVE APPROACH...**

IF YOU WANT TO FIND OUT MORE, SPEAK TO US  
ABOUT OUR MENTAL HEALTH PROGRAMMES.

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# MANUAL HANDLING

**"KEEP YOUR BACK STRAIGHT AND BEND YOUR KNEES" ...**

IF YOU'RE YOUNGER THAN 30 AND CAN ACTUALLY GET BACK UP WHEN DOING THIS POSITION  
PICKING AN ITEM UP FROM THE FLOOR... IT MIGHT NOT SEEM LIKE BAD ADVICE.

IT MIGHT BE CORRECT ANATOMICALLY (APART FROM YOUR BACK NOT ACTUALLY BEING STRAIGHT)

BUT ITS NOT PRACTICAL AT ALL.

THATS WHY WE DON'T TEACH IT.

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# MANUAL HANDLING

## TRAIN THE TRAINER OPTION

**Do you have more than 250 staff that need training across multiple sites?**

Do you have an in-house training team?

Do you regularly recruit new staff that need inductions?

Is getting everyone together, in one place at the same time for training a struggle?

Or maybe you just like the sound of being pretty self sufficient?

**ARE YOU NODDING LIKE A NODDING DOG READING THAT LIST?**

IF SO, YOU SHOULD GET IN CONTACT WITH US TO DISCUSS OUR TRAIN THE TRAINER OPTIONS THAT INCLUDE A BESPOKE SUPPORTING PRODUCTION AND TRAINING PACKAGE.

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# MANAGER LEADERSHIP & COMMUNICATION

**MANAGERS ARE OFTEN PROMOTED WITH NO TRAINING ON HOW TO ACTUALLY MANAGE PEOPLE**

Just because someone is good at the job, it doesn't mean they have the skills to be a good manager, it's a mistake that happens far too often..

The issues with that are endless... micromanaging, poor culture, high turnover of staff...

**SOME BASIC COMMUNICATION AND LEADERSHIP SKILLS CAN MAKE THE WORLD OF DIFFERENCE.**

In the Military, no one gets promoted until they've had the relevant training.

SO WHO BETTER TO TRAIN LEADERS THAN EX-MILITARY INSTRUCTORS?

IF YOU WANT TO FIND OUT MORE, SPEAK TO US ABOUT OUR MANAGER TRAINING.

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# IOSH WORKING & MANAGING SAFELY

## Working Safely in a nutshell...

IOSH Working Safely is a one-day course covering the essentials of health and safety in the workplace.

## Managing Safely in a nutshell...

The Managing Safely course is aimed at managers, team leaders and supervisors, and gives them the knowledge and skills to manage health and safety within their teams.



Approved  
training  
provider  
4726

IF YOU WANT MORE INFORMATION ABOUT  
OUT IOSH COURSES, GET IN TOUCH.

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# FIRST AID

A statistic, released by St John's Ambulance, has revealed that ...

**140,000 people die each year in the UK from incidents where first aid could have saved their lives ...**

Do you have enough First Aiders in your workplace? Are they up to date, competent and confident?

If not, you should probably get them booked on a course as soon as possible. It could quite literally be the difference between life and death.

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# FIRE MARSHAL

**Another practical topic, that needs practical training.**

Our course includes additional practical aspects including a tour of site, checking on serviceability, location and correct type of extinguisher appliance and availability.

Real time fire drill, using your own system and processes, to check efficiency and employees knowledge of process, followed by a short report and debrief with your newly trained Fire Marshals to improve efficiency for future drills.

IF YOU WANT TO FIND OUT MORE, SPEAK TO US  
ABOUT OUR FIRE MARSHAL TRAINING.

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# BESPOKE PRODUCTIONS

**IF YOU'VE SEEN OUR TOP TIPS, YOU WILL KNOW OUR STYLE.**

**WE LIKE TO KEEP IT REALISTIC AND SIMPLE, AND IT'S THE SAME WITH OUR FULL LENGTH PROFESSIONAL PRODUCTIONS.**

To get your message across, with our media team filming and editing to provide you with a high standard production that can be used for inductions, as a training tool, for refresher or return to work training .

**FULLY PRESENTED PRODUCTIONS, FILMED AT YOUR SITE.**

Whether it's a 30 minute Induction, or a series of short 5 minute clips, we can work with you, firstly putting together a storyboard to make sure everything is covered to a first draft review to ensure you are happy with the final result, all included in the price.

IF YOU WANT TO FIND OUT MORE, SPEAK TO US ABOUT OUR BESPOKE PRODUCTIONS.

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# SOUNDS INTERESTING... SO WHAT'S NEXT?

Let's have a chat about your requirements.

We can find out more about you, make some recommendations, give you some options.

Answer any questions you have.

Even if we don't offer the training you are looking for, we probably know someone who does.

We want people to have good, fit for purpose training, and even if that's not with us, we are always happy to have a chat and help if we can!

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